Program

St. Luke’s features certified hand therapists, specially trained occupational therapists and a high level of experience in the evaluation and treatment of patients with hand injuries.

St. Luke’s offers the latest modalities to restore arm and hand functions:

- Techniques to restore range of motion
- Scar management
- Education
- Home exercise program
- Desensitization/sensory reeducation
- Muscle reeducation
- Strengthening and conditioning
- Treatment options for pain including
  - Electrical stimulation - Ultrasound
  - Fluidotherapy - Paraffin
  - Cold therapy - Heat therapy
- Static, dynamic, and custom splinting

Patient

<table>
<thead>
<tr>
<th>Traumatic injuries (amputation, open wounds, etc.)</th>
<th>Fractures/dislocations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Joint replacement</td>
<td>Carpal tunnel, thoracic outlet and other compression syndromes</td>
</tr>
<tr>
<td>Tendonitis/tendonosis</td>
<td>Complex regional pain syndrome</td>
</tr>
<tr>
<td>Tendon repairs</td>
<td>Dupytren's contracture</td>
</tr>
<tr>
<td>Burns</td>
<td>Work injuries</td>
</tr>
</tbody>
</table>

Arthritis (Rheumatoid & Osteo)

To refer your patient, contact: (509) 473-6869
fax (509) 473-6097

www.st-lukes.org
**Treatment Goals**

- Complete injury analysis
- Individualized treatment plan created by the therapist with patient and physician input
- Quicker recovery and improved outcomes with goal-focused treatment
- Improved patient functionality and independence

**Treatment Resources**

Our therapists are highly trained and hold additional specialized certifications to help your patients recover from injury or illness.

**Inpatient Case Management**

Phone: (509) 473-6058  
Fax: (509) 473-6118

[www.st-lukes.org](http://www.st-lukes.org)

**Outpatient Locations**

For a list of all outpatient therapy locations near you visit [www.st-lukes.org(locations](http://www.st-lukes.org(locations)

Phone: (509) 473-6869  
Fax: (509) 473-6097

St. Luke's is a division of Inland Northwest Health Services (INHS). INHS is a non-profit corporation in Spokane, Washington providing collaboration in health care services on behalf of the community.