Neuromuscular Therapy

Program
St. Luke’s certified, interdisciplinary team of therapists with specialized training in neuromuscular and musculoskeletal rehabilitation provide a full range of one-on-one therapy in a personal and friendly environment.

Services may include:
- Physical therapy
- Occupational therapy
- Speech therapy
- Aquatic therapy
- Driving evaluations
- Swallowing evaluations
- Psychological services
- Neuropsychological evaluations
- Pelvic floor rehabilitation
- Vestibular rehabilitation
- Lymphedema
- Post breast cancer therapy

Patient
Treatment programs are designed for neuromuscular patients including those with the following diagnoses:
- Stroke
- Brain injury
- Brain tumors
- Multiple sclerosis
- Parkinson’s disease and other movement disorders
- ALS (Lou Gehrig’s Disease)
- Balance and vestibular disorders
- Spinal cord injury
- Post-polio syndrome
- Other neuromuscular diseases
- Guillain Barre
- Amputation

Treatment Goals
- Individualized treatment plan created by the therapist with physician and patient input
- Improved patient functionality, independence and safety
- Quicker recovery and improved outcomes with goal-focused treatment
- Development of home maintenance/progression exercise program to achieve and continue success after therapy

“When I got to St. Luke’s, there was so much I couldn’t do because of my stroke, but from the moment I went through those doors I improved each day—thanks to the amazing staff. They were in tune with what my needs were. I watched them deal with all ages and people from many different realms of life and they always had love, care and concern. Everybody is genuinely involved in your health improvement — it’s a team approach. I’m not sure where I would be today if it weren’t for St. Luke’s.”

Carol Wendle, past patient

To refer your patient, contact:
(509) 473-6869
fax (509) 473-6097

www.st-lukes.org
Specialized Interprofessional Rehabilitation Programs
As the region’s only Level I Trauma Rehabilitation hospital accredited by Joint Commission and CARF, St. Luke’s offers the most comprehensive set of inpatient and outpatient programs and services:

- Stroke Program
- Neurological and Neuromuscular Disorders
- Brain Injury Program
- Spinal Cord Injury Program
- Amputation Rehabilitation
- Orthopedic Rehabilitation
- Return to Work, Work Injury Management and Prevention
  - Ergonomics
  - Work Conditioning/Work Hardening
  - Physical / Functional Capacity Exam (PCE/FCE)
  - Progressive Goal Attainment Program (PGAP)
  - Structured Intensive Multidisciplinary Program (SIMP)
- Comprehensive Pain Management
  - Complex Regional Pain Syndrome (CRPS)
  - Individualized Pain Management
- Back & Neck Pain/Spine Management
  - Soft Tissue and Spine Mobilizations
  - Sacroiliac Joint (SI)
  - Osteoporosis / Arthropathies
- Electrodiagnostic Testing
- Sports Injury Rehabilitation
- Physical, Occupational, Recreational and Respiratory Therapy
- Aquatic Therapy
- Hand Therapy
- Oncology Rehabilitation
- Women’s Health
- Continence Care
- Lymphedema
- Cardiac/Pulmonary Rehabilitation
- Vestibular/Balance/Fall Prevention
- Pediatrics Rehabilitation
- Speech Therapy
  - Cognitive
  - Speech and Language Evaluations
  - Swallowing Evaluations
- Psychology
  - Psychological Assessments
  - Neuropsychological Assessments
  - Post Concussive
  - Counseling
- Support Group Resources
  - Spinal Cord
  - Stroke
  - Amputee
  - Brain Injury
  - Parkinson’s
- Advanced Technology
  - Assistive Technology Lab
  - Seating and Positioning
  - Lokomat
  - Functional Electrical Stimulation Bike
  - Drivers Evaluation
  - Biofeedback
- Muscular Dystrophy Association Neuromuscular Clinics
- COHE Community of Eastern Washington

Hospital of Choice
American Alliance of Healthcare Providers (AAHCP) recently named St. Luke’s a Hospital of Choice Award recipient, recognizing excellence in services to patients, families and community.

Inpatient Case Management
Phone (509) 473-6058
Fax (509) 473-6118

Outpatient Locations
For a list of all outpatient therapy locations near you visit www.st-lukes.org/locations
Phone: (509) 473-6869
Fax: (509) 473-6097

www.st-lukes.org

St. Luke’s is a division of Inland Northwest Health Services (INHS). INHS is a non-profit corporation in Spokane, Washington providing collaboration in health care services on behalf of the community.

These accreditations assure patients the highest quality care and results possible.

Visit www.st-lukes.org for a complete list of CARF accredited programs.