2014 Outcomes

At St. Luke’s we are committed to helping people return to work quickly and safely. Through our comprehensive industrial rehabilitation program incorporating outpatient occupational and pain rehabilitation services, we partner with patients at any stage of their injury to provide personalized and customized services throughout the return-to-work process.

Effective Team Approach

Our professional, experienced interdisciplinary teams of psychologists, vocational rehabilitation counselors and physical, occupational and behavioral therapists are specially trained and certified to help people succeed at returning to work. Services range from evaluations and assessments, to therapy treatments, as well as behavioral therapy and ergonomics.

St. Luke’s offers the only CARF-accredited pain and occupational rehabilitation program in the region and is focused on getting injured workers back on the job.

Patients Served

During 2014, nearly 100 outpatients received occupational and pain rehabilitation therapy services at St. Luke’s main campus.

<table>
<thead>
<tr>
<th>2014</th>
<th>Occupational Rehabilitation</th>
<th>Pain Rehabilitation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Number of Patients</td>
<td>35</td>
<td>55</td>
</tr>
<tr>
<td>Gender: Male</td>
<td>68%</td>
<td>65%</td>
</tr>
<tr>
<td>Female</td>
<td>32%</td>
<td>35%</td>
</tr>
<tr>
<td>Average Age</td>
<td>44 Years Old</td>
<td>47 Years Old</td>
</tr>
<tr>
<td>Average Number of Visits</td>
<td>20 day program</td>
<td>20 day program</td>
</tr>
</tbody>
</table>

“St. Luke’s has given me the tools so that when I do get out there I have ideas for the right postures and lifting techniques. . . it is much safer for me. . . I’ve increased my endurance quite a bit. I’ve gotten a lot stronger. It has done wonders for me. It has made life a lot better.”

Scott Abbott, St. Luke’s past patient who at the time was recovering from being injured on the job.
Patients Are Satisfied
St. Luke’s is committed to providing the most comprehensive therapy services and making certain patients are satisfied with their care.

Individuals that received Occupational Rehabilitation services rated their overall satisfaction at an average of 96.88%

Individuals that received Pain Rehabilitation services rated their overall satisfaction at an average of 97.3%

Patients Achieve Outcomes
Our therapy teams work with patients to meet their recovery goals and achieve their predicted outcomes upon completion of their outpatient therapy services.

- 83% of individuals in the Occupational Rehabilitation program were deemed ready to return to work at the time they completed their therapy. 100% of patients went back to their community.
- Individuals in the pain program have a challenging diagnosis yet 82% of individuals were deemed ready to return to work. 100% of patients finished the program and went back to their community.

Outpatient Therapy Locations
St. Luke’s offers the best in outpatient rehabilitation services at convenient locations throughout the greater Spokane area. Have your doctor refer you to a location near you.

Phone: (509) 473-6869
Fax: (509) 473-6097

For a list of all outpatient therapy locations near you, visit www.st-lukes.org/locations.

“I found out that because of my injury, my arms were using the wrong muscles. I had to learn to use the right muscles again. How to breathe properly, how to relax better… It helps at work and all aspects of my life.”

Brent Porter, St. Luke’s past patient who is back to work.