Program
St. Luke’s offers on-site counseling services to help individuals and their families cope, including:

• Psychological evaluation and treatment
• Neuropsychological assessment
• Pre-surgical evaluations
• Biofeedback evaluation and treatment
• Psychological pain management

Patient
Individuals who are experiencing emotional, cognitive, behavioral, and/or interpersonal issues resulting from disability, chronic illness, or other medical conditions.

Treatment Goals

Learn techniques for pain management
Adjust to changes in lifestyle
Enhance quality of life
Learn new coping skills
Improve family communication

On a scale of 1 to 10 my pain was a 7 or 8 all the time. It wasn’t life at all. St. Luke’s taught me how to do things differently on the job, to manage my pain, keeping it below a 3 or 4 on the pain scale, without painkillers.”

Bill Heitzman, past patient

Treatment Resources
The only CARF accredited facility in the Inland Northwest that offers comprehensive health psychology services including biofeedback.

To refer your patient, contact:
(509) 473-6869
fax (509) 473-6097

www.st-lukes.org
Specialized Interprofessional Rehabilitation Programs

As the region’s only Level I Trauma Rehabilitation hospital accredited by Joint Commission and CARF, St. Luke’s offers the most comprehensive set of inpatient and outpatient programs and services:

- Stroke Program
- Neurological and Neuromuscular Disorders
- Brain Injury Program
- Spinal Cord Injury Program
- Amputation Rehabilitation
- Orthopedic Rehabilitation
- Return to Work, Work Injury Management and Prevention
  - Ergonomics
  - Work Conditioning/Work Hardening
  - Physical / Functional Capacity Exam (PCE/FCE)
  - Progressive Goal Attainment Program (PGAP)
  - Structured Intensive Multidisciplinary Program (SIMP)
- Comprehensive Pain Management
  - Complex Regional Pain Syndrome (CRPS)
  - Individualized Pain Management
- Back & Neck Pain/Spine Management
  - Soft Tissue and Spine Mobilizations
  - Sacroiliac Joint (SI)
  - Osteoporosis / Arthropathies
- Electrodiagnostic Testing
- Sports Injury Rehabilitation
- Physical, Occupational, Recreational and Respiratory Therapy
- Aquatic Therapy
- Hand Therapy
- Oncology Rehabilitation
- Women’s Health
- Continence Care
- Lymphedema
- Cardiac/Pulmonary Rehabilitation
- Vestibular/Balance/Fall Prevention
- Pediatrics Rehabilitation
- Speech Therapy
  - Cognitive
  - Speech and Language Evaluations
  - Swallowing Evaluations
- Psychology
  - Psychological Assessments
  - Neuropsychological Assessments
  - Post Concussive
  - Counseling
- Support Group Resources
  - Spinal Cord
  - Stroke
  - Amputee
  - Brain Injury
  - Parkinson’s
- Advanced Technology
  - Assistive Technology Lab
  - Seating and Positioning
  - Lokomat
  - Functional Electrical Stimulation Bike
  - Drivers Evaluation
  - Biofeedback
- Muscular Dystrophy Association Neuromuscular Clinics
- COHE Community of Eastern Washington

Hospital of Choice

American Alliance of Healthcare Providers (AAHCP) recently named St. Luke’s a Hospital of Choice Award recipient, recognizing excellence in services to patients, families and community.

Inpatient Case Management
Phone (509) 473-6058
Fax (509) 473-6118

Outpatient Locations
For a list of all outpatient therapy locations near you visit www.st-lukes.org/locations
Phone: (509) 473-6869
Fax: (509) 473-6097

St. Luke’s is a division of Inland Northwest Health Services (INHS). INHS is a non-profit corporation in Spokane, Washington providing collaboration in health care services on behalf of the community.

These accreditations assure patients the highest quality care and results possible.

* Visit www.st-lukes.org for a complete list of CARF accredited programs.