Preservation and Recovery of Upper Limb Function Following Spinal Cord Injury

Presenter: Vivian Moise, MD

Date: Monday, July 15, 2013
Time: 4 - 5:30 p.m.
Place: St. Luke’s Rehabilitation Institute
        711 S. Cowley / Room 200
        Spokane, WA
        Available over Northwest TeleHealth

Presentation Objectives:
1. Know the key muscles with intact strength for C5, C6, C7 and C8 spinal cord levels.
2. Understand tenodesis and be able to describe splinting options to improve tenodesis.
3. Know the two most common upper extremity overuse syndromes and know modifications for mobility and ADL tasks to prevent them.
4. Describe the various wheelchair modifications and wheelchair propulsion techniques that are recommended to lessen strain on the shoulder and wrist.
5. Know the recommendations for bed positioning for tetraplegic patients to minimize shoulder pain and prevent shoulder contractures.
6. Understand the timing, purpose and prerequisites for tendon transfer surgery to improve upper limb function in people with tetraplegia.

Available Over the Northwest TeleHealth Network
Participants, please contact your local site coordinator to register for this event. Sites with video conferencing through NW TeleHealth, can register online. Other sites contact Pam Currier, NW TeleHealth (509-789-4960) to register at least one week prior to the event.

SAVE THE DATE
Problem Pathogens: Clostridium difficile & Norovirus
August 28, 2013
Noon - 1 p.m.

Vivian Moise, MD
Spinal Cord Program Medical Director

A strong connection with each patient is the guiding influence in Dr. Vivian Moise's care. She sees herself as being a patient educator as well as a physician and works to improve the quality of life for each patient.

Dr. Moise graduated with honors from the University of California, San Francisco. She completed her Physical Medicine & Rehabilitation Residency at the University of California Davis Medical Center, where she later served as Chief Resident. Board-certified by the American Board of Physical Medicine and Rehabilitation as well as in the sub-specialty of Spinal Cord Injury Medicine, Dr. Moise currently serves as Medical Director of the Spinal Cord Injury Program at St. Luke’s Rehabilitation Institute and also as Medical Director for the Spokane Muscular Dystrophy Clinic.

Dr. Moise specializes in the treatment of patients with spinal cord injuries, neuromuscular diseases, and musculoskeletal injuries.

She also enjoys time outside as an avid gardener.