Management of the Chronic Pain Patient

5.25 AMA Category 1 Credits

Friday, September 13, 2013
8 a.m. to 4 p.m.

Location
The Lincoln Center
1316 N Lincoln St., Spokane, WA 99201

Agenda

8 a.m.  Check in and Breakfast
8:30 a.m.  Welcome and Introduction - John Long, DO
9 a.m.  Opioids for Chronic Pain: Best Practice in a Rapidly Changing Landscape - Gary Franklin, MD, MPH
  • Understand the best scientific evidence on efficacy, effectiveness, and adverse effects of opioids for chronic, noncancer pain
  • Understand how more permissive opioid regulations and policies in the 1990s led to changes in opioid dosing, morbidity, and mortality
  • Understand how new WA state policy will lead to more prudent and safer use of opioids for chronic, noncancer pain

9:45 a.m.  Pharmacology of Opioid Tolerance and Sensitivity - Chris Greer, RPh
  • The proposed pharmacologic mechanisms of opioid tolerance
  • Familiar with the difficulties in determining an equipotent analgesic opioid dose due to incomplete cross tolerance and other factors
  • Define opioid induced hyperalgesia and be familiar with proposed mechanisms of this paradoxical effect

10:30 Break
10:45 a.m.  Office Base Pain Procedures - Jamie Lewis, MD
  • Understand indications for commonly performed office-based pain procedures
  • Understand how to perform common office-base pain procedures
  • Be comfortable with informed consent process
  • Understand medication selection

11:30 a.m.  Psychology and Chronic Pain - Sonya Wood, PhD
  • Discuss psychological approach to understanding chronic pain
  • Provide insight into psychological treatment that a patient may benefit from
  • Identify purpose of psychological services for pain management

12:15 p.m.  Lunch  - Presentation:  St. Luke’s Structured Intensive Multidisciplinary Pain (SIMP) Program (not a CME presentation)
1:30 p.m.  Subtle Neurologic Examination Tools to Aid Diagnosis - Kelli Pearson, DC, DABCO
  • Learn exam techniques that are not commonly part of our standard exam protocol
  • Help to distinguish more usefulness from the sensory examination
  • Try and avoid unnecessary and expensive imaging which can commonly confuse the diagnosis

2:15 p.m.  Multidisciplinary Approach to Working with Chronic Pain - Terrence Rempel, MD
  • Evaluate and treat chronic pain patients
  • Develop an approach to working with chronic pain patients
  • Working with other healthcare providers to establish a multidisciplinary approach

3 p.m.  Treating the Chronic Pain Patient from a Legal Perspective - Andrew Schillinger, Attorney
  • A case study of a client’s attempt to have her chronic pain managed by her healthcare providers
  • Liability concerns for treating the patient suffering from chronic pain
  • Legal update surrounding management of the chronic pain patient

REGISTRATION
Visit www.st-lukes.org or call (509) 232-8138
Space is limited. Register early.
Cost: $125 (includes breakfast and lunch)
Overall Course Objectives
This course is designed to address the wide range of clinical management issues associated with the treatment and care of chronic pain patients. Throughout the program, sessions will focus on the following issues:

- Address the need for a better understanding of chronic pain.
- Improve practice guidelines to recognize, assess and treat chronic pain.
- Encourage collaborative roles between medical, legal providers and their patients.
- Share the need for an interdisciplinary approach to assessing care including Pharmacology and Psychology.

Presenters
Gary Franklin, MD, MPH - Medical Director, Washington State Department of Labor and Industries
Chris Greer, RPh - Pharmacy Manager, St. Luke’s Rehabilitation Institute
Jamie Lewis, MD - Medical Director, Structured Intensive Multidisciplinary Pain Program at St. Luke’s Rehabilitation Institute
John Long, DO - St. Luke’s Physiatry Practice and Occupational Rehabilitation Medical Director
Kelli Pearson, DC, DABCO - Co-owner of Pearson & Weary Pain Relief Clinics
Terrence Rempel, MD, MPH, FACOEM - Provider at Occupational Medicine Associates
Andrew Schillinger, Attorney at Layman Law Firm and St. Luke’s Community Advisory Board Member
Sonya Wood, PhD - Psychologist for the Pain Program at St. Luke’s Rehabilitation Institute

Intended Audience
This course is designed for primary care physicians, physician specialists, physician assistants, registered nurses, chiropractors and physical & occupational therapists that treat chronic pain. This symposium serves to update care providers on the medical management of chronic pain and new laws regarding prescription opioids.

Accreditation
Providence Health Care is accredited by the Washington State Medical Association CME Accreditation Committee to sponsor continuing medical education activities for physicians. Providence Health Care designates this live activity for a maximum of 5.25 hours in Category 1 to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission. Providence Health Care designates this live activity for a maximum of 5.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Available Over the Northwest TeleHealth Network
If joining via video conferencing, please contact your local site coordinator to register for this event. Other sites contact Pam Currier, NW TeleHealth (509) 789-4960 by September 6th to ensure participation over Northwest TeleHealth for this event. Participants still must register for the course online at www.st-lukes.org