Inpatient Referral Process

St. Luke's Rehabilitation Institute's inpatient care team is committed to providing hope, quality of care and recovery for patients needing medical rehabilitation. Together, we work to ensure the best quality outcomes for our patients. We have developed a contact sheet and set of data elements to assist in a smooth, efficient transfer to St. Luke's. Please contact the Case Management office with suggestions or questions.

St. Luke’s Case Managers are a resource you can depend on to help facilitate an efficient and seamless transition for your patients, including:

- Collaborative information sharing with attending physician
- Complete pre-admission assessments
- Obtaining insurance authorization
- Coordinating transfers to St. Luke’s

Kay McGruder, RN – (509) 844-8344
Eileen Cleveland, RN – (509) 209-7584
Diane Delanoy, RN – (509) 847-8116
Lezlie Hall, RN – (509) 435-2386

St. Luke's Physiatry Practice
Stefan Humphries, MD, Medical Director
Steven Goodman, MD
Mark Gordon, MD

Northwest Medical Rehabilitation
Karen Stanek, MD, PhD
Patrick Soto, DO

Rehabilitation Associates
David Duba, MD
Keith Mackenzie, MD
Mark Varga, MD

Vivian Moise, MD
Robert Schwartz, MD

To initiate the admission process for your patients, please contact the case management office seven days a week.

Phone (509) 473-6058
Fax (509) 473-6118
711 S. Cowley
Spokane, WA 99202
www.st-lukes.org

Thank you for providing St. Luke’s Rehabilitation Institute with detailed patient information during the transfer process. Your timeliness and accuracy in providing complete patient information is key to maintaining quality patient care.

For health care facilities utilizing MEDITECH, please only provide the first five data elements. If you are utilizing a non-MEDITECH system, please provide all data elements including the first five.

- Copy of Advance Directives
- Copy of Advance Directives
- Discharge orders/instruction – completed thoroughly & signed by nurse and/or physician with phone number
- Physician orders (past 2 days)
- Progress notes (past 5 days)
- Discharge medication list and MAR
- Demographic fact sheet
- Recent history and physical
- Therapy evaluation/daily notes (past 5 days)
- Lab results/pathology results (last 3 days)
- Radiology/imaging reports
- Copy of anticoagulation flow sheet & diabetic flow sheet (if applicable)
- Operative reports
- Physician consultation reports
- Please also include, if applicable:
  - Respiratory treatments
  - Tube feedings: type of tube, date of placement, type of solution and rate
  - Special precautions: orthopedic, sternal, weight-bearing status
  - Dressing change instruction
  - PICC line placement date, location, plan
  - Special diet needs
  - Plexi-pulse boots, SCD’s, splints, etc.
Outpatient Referral Process

Each year more than 6,000 people throughout the region use St. Luke’s for outpatient rehabilitation services because of our high-quality care and team approach. Please contact us at one of our convenient locations:

**Downtown**
St. Luke’s Rehabilitation Institute  
711 S. Cowley  
Spokane, WA 99202  
Phone (509) 473-6869  
Fax (509) 473-6097

**North**
NorthPointe Medical Center Building  
9631 N. Nevada St.  
Spokane, WA 99218  
Phone (509) 777-0610  
Fax (509) 777-1211

**Valley**
Valley Medical Center  
1414 N. Houk  
Spokane Valley, WA 99216  
Phone (509) 473-5494  
Fax (509) 473-5998

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**St. Luke’s Physiatry Practice**  
Phone: (509) 473-6706  
Fax: (509) 473-6704  
Stefan Humphries, MD, Medical Director  
Steven Goodman, MD  
Mark Gordon, MD

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**St. Luke’s Physiatry Practice**  
Phone: (509) 747-5242  
Fax: (509) 747-5430  
Vivian Moise, MD

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Outpatient Therapy Services

St. Luke’s offers comprehensive outpatient therapy services for adult and pediatric patients. In partnership with physicians and the patient, individualized treatment plans are created by the therapist to meet the patient’s specific needs.

- Outpatient Physiatry Services  
- Physical Therapy  
- Occupational Therapy  
- Speech Therapy  
- Cardiac & Pulmonary Rehabilitation  
- Psychology / Behavioral Therapy  
- Neuropsychological Evaluations  
- Cognitive Therapy  
- Sports Injury Rehabilitation  
- Fibromyalgia Therapy  
- Pain Management  
- Adult & Pediatric Rehabilitation

- Aquatic Therapy  
- Cancer Fitness Recovery  
- Brain Injury Rehabilitation  
- Spinal Cord Injury Rehabilitation  
- Stroke Rehabilitation  
- Lymphedema Management  
- Incontinence Therapy  
- Vestibular Rehabilitation  
- Work Injury Rehabilitation  
- Ergonomic Assessments  
- Physical Capacity Exams  
- Work Hardening / Work Conditioning

www.st-lukes.org