When your child experiences an illness or injury that requires rehabilitation, you want the best care possible.

St. Luke’s Rehabilitation Institute offers rehabilitation to children and adolescents of all ages with a goal of making kids as independent as possible and getting them back home to laugh, learn and play.

Patient Experience

- **100%** of pediatric patients reported an increase in function. **100%** of pediatric patients reported a positive experience.
- **70%** of pediatric patients returned to school 90 days after discharge. We love helping kids get back to school and their friends!
- **0%** of pediatric patients returned to an acute care hospital for care.
- We measure progress for our patients using a 1-7 scale which looks at independence levels. Most St. Luke’s patients, 90 days after discharge, continued to make progress and made more progress compared to the nation.
- Our pediatric patients receive an average of **3.5 hours** of physical and occupational therapy, speech language pathology, recreation therapy, and neuropsychology each day.

We admitted **25** pediatric patients ranging in age from 1 to 17 years old.

<table>
<thead>
<tr>
<th>Age</th>
<th>Number of Patients</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-3</td>
<td>2 (8%)</td>
</tr>
<tr>
<td>3+ &lt;5</td>
<td>1 (4%)</td>
</tr>
<tr>
<td>5+ &lt;7</td>
<td>1 (4%)</td>
</tr>
<tr>
<td>7+ &lt;10</td>
<td>1 (4%)</td>
</tr>
<tr>
<td>10+</td>
<td>20 (80%)</td>
</tr>
</tbody>
</table>

Independence

In rehab, we like to see how independently our patients are able to do things like walk, take care of themselves, talk, and think. At St. Luke’s our pediatric patients progressed more than compared to other national facilities.

Outcomes

- **12.8** years old average patient age
- **12.7** days average length of stay
- **100%** were discharged to the community

2019 Diagnostic breakdown:

- Stroke -3 (12%)
- Brain Injury -16 (64%)
- Spinal Cord Injury -1 (4%)
- Multiple Trauma - 2 (8%)
- Other - 3 (12%)
**Making Therapy Fun**

At St. Luke’s, we focus on family-centered care with the child and family helping to identify therapy goals from the start. We want our patients to have lots of fun while maximizing their therapy sessions.

Our younger patients enjoy using therapy techniques, games and tools to help regain their independence, including:

- Swimming in the therapy pool
- Playing interactive and motion-sensing video games
- Playing outside at our adaptive playground
- Learning in our Assistive Technology (AT) lab
- Baking and cooking in our therapy kitchen
- Riding a trike through our outdoor terrain park

Each treatment plan is customized to meet their goals.

St. Luke’s is committed to integrating school-aged kids with their hometown schools, whether it’s with the use of school visits, tutors and through technology like Skype. Therapists provide an individualized school transition assessment and recommendations to take back to their school to ease the transition back.

Throughout the year, St. Luke’s offers events around adaptive sports and therapeutic recreation. Ski Fest is our adaptive water skiing and water sports weekend. Our Outdoor Recreation Experience gives participants the opportunity to enjoy cycling, fishing, archery, canoe and kayaking. The goal of these programs is to show each child and their families and friends the safest and easiest way to participate in fun activities.

**Inter-Professional Rehabilitation Team:**

- Board certified physiatrists
- Neuropsychologists/clinical psychologists
- Certified rehabilitation nurses
- Physical, occupational and speech therapists
- Respiratory therapy
- Certified therapeutic recreation specialists
- Child life specialists
- Behavioral health professionals
- Dedicated pediatric social workers and case managers
- Registered dietitians
- Pharmacists
- Chaplain

Inpatient Case Management

Phone: 509-473-6058
Fax: 509-473-6118
Toll Free: 1-833-SLR-1

These accreditations assure patients the highest quality care and results possible.

* Visit www.st-lukes.org for a complete list of CARF accredited programs.