



St. Luke's has given me the tools so that when I do get out there I have ideas for the right postures and lifting techniques . . . it is much safer for me . . . I've increased my endurance quite a bit. I've gotten a lot stronger. It has done wonders for me. It has made life a lot better.

— Scott Abbott, St. Luke's past patient who at the time was recovering from being injured on the job.

At St. Luke's we are committed to helping people return to work quickly and safely. Through our comprehensive industrial rehabilitation program incorporating outpatient occupational and pain rehabilitation services, we partner with patients at any stage of their injury to provide personalized and customized services throughout the return-to-work process.

Effective Team Approach

Our professional, experienced interdisciplinary teams of psychologists, vocational rehabilitation counselors and physical, occupational and are specially trained and certified to help people succeed at returning to work. Services range from evaluations and assessments, to therapy treatments, as well as and ergonomics.

St. Luke's offers the only CARF-accredited pain and occupational rehabilitation program in the region and is focused on getting injured workers back on the job.

Patients Served

During 2017, people received occupational and pain rehabilitation therapy services at St. Luke's outpatient clinics.

2017	Occupational Rehabilitation	Pain Rehabilitation
Total Number of Patients	41	31
Gender: Male	66%	71%
Female	34%	29%
Average Age	48 Years Old	48 Years Old
Average Number of Visits	17 day program	20 day program

Patients Are Satisfied

St. Luke's is committed to providing the most comprehensive therapy services and making certain patients are satisfied with their care.

Individuals that received Occupational Rehabilitation services rated their overall satisfaction at an average of

97%

Individuals that received Pain Rehabilitation services rated their overall satisfaction at an average of

91%

Patients Achieve Outcomes

Our therapy teams work with patients to meet their recovery goals and achieve their predicted outcomes upon completion of their outpatient therapy services.

- 100% of individuals in the Occupational Rehabilitation program were deemed ready to return to work at the time they completed their therapy. 100% of patients went back to their community.
- Individuals in the pain program have a challenging diagnosis yet 93% of individuals were deemed ready to return to work. 100% of patients went back to their community.

I found out that because of my injury, my arms were using the wrong muscles. I had to learn to use the right muscles again. How to breathe properly, how to relax better... It helps at work and all aspects of my life.

— Brent Porter, St. Luke's past patient who is back to work.

Outpatient Therapy Locations

St. Luke's offers the best in outpatient rehabilitation services at convenient locations throughout the greater Spokane area. Have your doctor refer you to a location near you.

Phone: 509-473-6869

Fax: 509-473-6097

For a list of all outpatient therapy locations near you, visit st-lukes.org/locations.

Inpatient Case Management

Phone: 509-473-6058

Fax: 509-473-6118

Outpatient Locations

For a list of all outpatient therapy locations near you visit st-lukes.org/locations

Phone: 509-473-6869

Fax: 509-473-6097

These accreditations assure patients the highest quality care and results possible.



* Visit www.st-lukes.org for a complete list of CARF accredited programs.